

Parents' roles and responsibilities: Helpful Resources

Hopefully the information provided on our site has helped you to understand some of the roles and responsibilities associated with supporting children involved in sport. If you would like to know more please check out some of the links below:

Parents in Sport Advice Sheets from the Child Protection in Sport Unit:

<https://thecpsu.org.uk/help-advice/topics/parents-in-sport/>

A parent guide produced by the Families in Sport Lab, USA:

http://www.usufamiliesinsportlab.com/uploads/2/3/5/3/23535918/parent_guide_fall_2014.pdf

Icoachkids – a website aimed at coaches but also providing resources for parents:

<http://www.icoachkids.eu>

Sport for life in Canada – lots of information for parents on various topics:

<http://sportforlife.ca/portfolio-view/sport-parents-guide/>

Changing the game project – a US based programme trying to address challenges in youth sport:

<http://changingthegameproject.com/about/>

A programme based in New Zealand focused on developing good sports:

<http://aktive.org.nz/Aktive-Lab/Good-Sports>

Parents' Roles and Responsibilities: Research

Give the important role parents play within youth sport, researchers around the world have spent decade studying this topic. Below are links to a few research papers that have explored the different roles and types of involvement that are desired from parents:

- Dorsch, T.D. et al., (2016). Parental involvement in young athletes' intercollegiate athletic careers: Developmental considerations and applied recommendations. *Journal of Intercollegiate Sport*, 9, 1-26.
https://www.researchgate.net/publication/304368023_Parent_Involvement_in_Young_Adults%27_Intercollegiate_Athletic_Careers_Developmental_Considerations_and_Applied_Recommendations
- Elliott, S. K. et al., (2017). The experiences of being a talented youth athlete: Lessons for parents. *Journal of Applied Sport Psychology, Latest articles*.
https://www.researchgate.net/publication/319914682_The_Experiences_of_Being_a_Talented_Youth_Athlete_Lessons_for_Parents
- Elliott, S. K. et al., (2017). Parents in youth sport: What happens after the game? *Sport Education and Society*, 3, 391-406.
https://www.researchgate.net/publication/276418952_Parents_in_youth_sport_what_happens_after_the_game
- Harwood, C.G., & Knight C. J. (2015). Parenting in youth sport: A position paper on parenting expertise. *Psychology of Sport and Exercise*, 16, 24-35.
https://www.researchgate.net/publication/261370874_Parenting_in_youth_sport_A_position_paper_on_parenting_expertise
- Knight et al., (2011). Parental behaviors in team sports: How do athletes want parents to behave? *Journal of Applied Sport Psychology*, 23, 76-92.
https://www.researchgate.net/publication/241722449_Parental_Behaviors_in_Team_Sports_How_do_Female_Athletes_Want_Parents_to_Behave
- Knight et al., (2015). Parental involvement in elite junior slalom canoeing. *Journal of Applied Sport Psychology*, 28, 234-256 .
https://www.researchgate.net/publication/283699724_Parental_Involvement_in_Elite_Junior_Slalom_Canoeing
- Knight & Holt (2014). Parenting in youth tennis: Understanding and enhancing children's experiences. *Psychology of Sport and Exercise*, 15, 155-164.
https://www.researchgate.net/publication/259160588_Parenting_in_Youth_Tennis_Understanding_and_Enhancing_Children%27s_Experiences
- Thrower, S. et al., (2016). Educating and supporting tennis parents: A grounded theory of parents' needs during childhood and early adolescence. *Sport, Exercise and Performance Psychology*, 5, 107-124.
https://www.researchgate.net/publication/301717637_Educating_and_supporting_tennis_parents_A_grounding_theory_of_parents%27_needs_during_childhood_and_early_adolescence

If you have any problems accessing these or would like any further information please feel free to contact us at info@sportparent.eu.