

Sport Talent: Helpful Resources

Hopefully the information provided on our site has helped you to understand some of the key ideas related to talent identification and development. If you would like to know more please check out some of the links below:

- Understanding Talent, but SportScotland:
<https://www.youtube.com/watch?v=LfUvchfrcS0>
- A video demonstrating how they go about talent development in Australia: <https://www.youtube.com/watch?v=-uRKujwSlqU>
- And a corresponding website:
http://www.ausport.gov.au/supporting/top_10_tips_for_parents
- Coaching UK Talent and performance coaching resources:
<http://www.ukcoaching.org/coaches/resource-bank/talent-performance-coaching>
- Talent development v talent identification by Active for Life:
<https://activeforlife.com/talent-development-vs-identification/>
- The Talent Plan from Sport New Zealand, containing a range of information on developing talent and stories of successful athletes:
<https://www.sportnz.org/about-us/our-publications/our-plans-and-programmes/talent-plan/>
- Understanding the pathway to excellent by the US Olympic committee:
<https://www.teamusa.org/About-the-USOC/Athlete-Development/Coaching-Education/Research>

Sport talent: Research

Talent identification and development in sport is a big topic and has been researched for many years. Below we recommend a few key books, research papers and chapters.

- Baker, J., Cobley, S., Schorer, J., & Wattie, N. (2017). *Routledge Handbook of Talent Identification and Development in Sport*. London, UK: Routledge. This book has a collection of good scientifically based chapters on aspects of talent development.
- Henriksen, K., & Stambulova, N. (2017) Creating optimal environments for talent development: A holistic ecological approach. In Baker, Cobley, Schorer & Wattie, *Routledge Handbook of Talent Identification and Development in Sport*.
- Henriksen, K. (2010). *The Ecology of Talent development in Sport: A Multiple Case Study of Successful Athletic Talent Development Environments in Scandinavia*. PhDThesis:
https://www.researchgate.net/publication/260278422_The_ecology_of_talent_development_in_sport_A_multiple_case_study_of_successful_athletic_talent_development_environments_in_Scandinavia
- Côté, J., Lidor, R., & Hackfort, D. (2009). ISSP position stand: To sample or to specialize? Seven postulates about youth sport activities that lead to continued participation and elite performance. *International Journal of Sport and Exercise Psychology*, 7, 7-17:
https://docs.wixstatic.com/ugd/834e8a_b5fd1dd2756f42039854475f9e956875.pdf

If you have any problems accessing these or would like any further information please feel free to contact us at info@sportparent.eu.