

Safeguarding Children in Sport: Helpful Resources

Hopefully the information provided on our site has helped you to understand how you can help ensure your child has a safe experience in sport. If you would like to know more please check out some of the links below:

- The NSPCC Child protection in sport unit
www.thecpsu.org.uk
- Children 1st safeguarding in sport website
<https://www.children1st.org.uk/what-we-do/how-we-help/safeguarding-in-sport/>
- Sport and Dev Safeguarding in Sport resources
<https://www.sportanddev.org/en>
- UNICEF UK link to the Safeguarding in Sport International Standards
<https://www.unicef.org.uk/sport-for-development/safeguarding-in-sport/>
- Icoachkids link to safeguarding information:
<https://www.icoachkids.eu/safeguarding-and-protecting-children-in-sport.html>
- European Helplines:
UK NSPCC helpline Tel: 0808 800 5000 or email help@nspcc.org.uk
Belgium – Awel Email: brievenbus@awel.be web site www.awel.be
Netherlands - De Kindertelefoon website: www.kindertelefoon.nl
Norway – Alarmtelefonen website: <https://www.116111.no/>
Ukraine - La Strada www.lastradainternational.org/ls-offices/ukraine Ireland
– Childline Ireland Tel: 1800 66 66 66 or website: www.childline.ie
UK – Childline Tel: 0800 1111 or web site: www.childline.org.UK
- Voices for truth and dignity – a project combating sexual violence in sport
<http://voicesfortruthanddignity.eu>

Safeguarding Children in Sport: Research

Recognising how important it is to keep children safe in sport, researchers around the world have sought to understand what increases and minimises risks. Below are links to a few research papers that have explored safeguarding in sport:

- Mountjoy, M., et al (2015). Safeguarding the child athlete in sport: a review, a framework and recommendations for the IOC youth athlete development model. *British Journal of Sports Medicine*, 49, 883-886.
<http://bjsm.bmj.com/content/49/13/883>
[utm_source=TrendMD&utm_medium=cpc&utm_campaign=BJSM_TrendMD-0](http://bjsm.bmj.com/content/49/13/883?utm_source=TrendMD&utm_medium=cpc&utm_campaign=BJSM_TrendMD-0)
- Lang, M. & Hartill, M. (2014). *Safeguarding, child protection and abuse in sport*. Routledge.
<https://books.google.co.uk/books>
https://books.google.co.uk/books?hl=en&lr=&id=5tUABAAQBAJ&oi=fnd&pg=PP1&dq=Safeguarding+sport&ots=G_EVfxNkHd&sig=w4dboAJZqfu2nHsrNm1N6_B5Hlo#v=onepage&q=Safeguarding%20sport&f=false
- McPherson, L., et al (2015). Children's experience of sport: What do we really know? *Australian Social Work*, 69, 348-359.
https://www.researchgate.net/profile/Lynne_Mcpherson2/publication/282450493_Children%27s_Experience_of_Sport_What_Do_We_Really_Know/links/56e7608d08ae85e780d00314/Childrens-Experience-of-Sport-What-Do-We-Really-Know.pdf
- Smits et al., (2017). 'Everything revolves around gymnastics': Athletes and parents make sense of elite youth sport. *Sport in Society*, 20, 66-83.
<https://www.tandfonline.com/doi/abs/10.1080/17430437.2015.1124564>
- Rhind, D. J. A., et al. (2017). Building a system to safeguard children in sport: The eight CHILDREN pillars. *Journal of Sport and Social Issues*, 41, 151-171.
<http://journals.sagepub.com/doi/abs/10.1177/0193723517696966>